



Vancouver Rangers Football Club
#303-1338 West 6th Ave, Vancouver, BC, V6H 1A7
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778-513-7221
www.vancouverrangers.ca

Player Code of Conduct

Effective Date: Sept 1, 2024

1. Play Fair and Respect the Game

- Always try your best, but remember that soccer is about having fun and learning, not just winning.
- Treat everyone with respect — teammates, coaches, opponents, referees, and fans. Everyone deserves kindness.

2. Be Committed to Your Team

- When you join a team, you are making a promise to show up, work hard, and support your teammates.
- Come to practices and games on time. If you can't make it, let your coach know ahead of time.
- Always give your best effort for your team, even if things don't go your way. Your team is counting on you!

3. Be a Team Player

- Help your teammates and cheer them on, whether they make a great play or make a mistake.
- Listen to your coach and work together as a team. Teamwork is what makes soccer fun and successful!

4. Show Good Sportsmanship

- Win with grace and lose with dignity. Shake hands after every game and thank your opponents for playing.
- If you make a mistake, don't get upset. Learn from it, keep trying, and encourage your teammates to do the same.

5. Be Positive and Supportive

- Keep a positive attitude, even when things aren't going your way. A good attitude helps you and your team.
- If your teammate is struggling, encourage them. We all have good days and bad days, and we support each other.

6. Respect the Rules

- Follow the rules of the game. Playing fair helps everyone have a good experience.
- Listen to the referee, even if you disagree. They're there to help the game run smoothly.



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7. Control Your Emotions and Behavior

- No yelling, cursing, or bad language. It's important to stay respectful and calm, even if you're frustrated.
- Violence or aggressive behavior on or off the field is not allowed. Soccer is about playing hard, but always with respect for everyone.
- If you're feeling angry or upset, take a deep breath and stay calm. You can always talk to your coach or a trusted adult if you need help.

8. Be Safe and Take Care of Yourself

- Always warm up and stretch before playing. Stay hydrated and rest when you need to.
- If you're hurt, tell your coach and don't try to play through it. Your health is the most important thing!

9. Have Fun!

- Soccer is a game — enjoy it! Make friends, learn new skills, and have fun on the field!